



ILLNESS POLICY – How sick is too sick?

When to keep Students home.

In most situations the school prefers students to come to school and if they become ill at school, the parent/guardian will be notified. However, here are a few guidelines to help you decide when to keep your child home from school.

| Symptom | Student must be at home? |
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| <p>Diarrhea Frequent, loose or watery stools compared to child's normal pattern: not caused by diet or medication.</p> | <p>YES - Keep your child home if they act or look ill; if the child has diarrhea with a fever and/or vomiting. Make sure your sick child stays well hydrated. <i>Student can return when he/she has not had diarrhea during the last 24 hours.</i></p> |
| <p>Fever Fever is the body's way of destroying the germs making it sick, and it's a common symptom of infections.</p> | <p>YES - Keep your child home when fever is greater than 100.0 and/or accompanied by other symptoms of illness, such as rash, sore throat, vomiting, headache, muscle aches, loss of appetite, etc. <i>Student can return when fever has been gone for 24 hours without medication and the child's appetite and energy level has returned to normal.</i></p> |
| <p>Flu The flu can be serious. Symptoms of the flu typically come on suddenly and can include: fever, chills, headache, body aches, sore throat, nausea, dry cough, and vomiting.</p> | <p>YES - Keep your child home if they have a fever greater than 100.0 and are not able to participate in class. <i>Student can return when fever has been gone for 24 hours without medication and the child's appetite and energy level has returned to normal.</i></p> |
| <p>Coughing Severe, uncontrolled coughing or wheezing, rapid or difficulty breathing. <i>Note: Children with asthma may be cared for in school with a written health care plan and authorization for medication/treatment.</i></p> | <p>YES - Medical Attention may be necessary</p> |
| <p>Mild Respiratory or Cold Symptoms Stuffy nose with clear drainage, sneezing, mild cough.</p> | <p>NO - Child may attend school if able to participate in class.</p> |
| <p>Rash</p> | <p>NO - Body rash without fever or other symptoms usually does not require student to remain at home. YES - seek medical advice for rash with fever, open and weeping wounds, or quickly spreading rash.</p> |
| <p>Vomiting Vomiting is another way for the body to rid itself of the germs making it sick and is usually caused by a stomach virus or infection.</p> | <p>YES - Keep students home if they have vomited 2 or more times in the last 24 hours. <i>Students can return when he/she has not had vomiting during the last 24 hours.</i></p> |
| <p>Pinkeye (conjunctivitis) Symptoms of pinkeye include eye redness, itchiness, discharge that forms a crust during the night that may prevent your eye or eyes from opening in the morning.</p> | <p>YES - if given antibiotics, keep at home until he/she has taken antibiotics for at least 24 hours. If your health provider decides to not treat your child, a note is needed to return.</p> |